

MEDITRINE NATUROPATHIC MEDICAL CLINIC

COMMITTED TO YOUR HEALTH

NEW ADDRESS:

#104 - 5171 221A St. Langley, BC, V2Y 0A2

Dr. Bennett is now doing pre-season child athletic assessments to prevent sport season injuries. Call to book now.

Important Reminder:
Schedule your next PAP with Dr. Stephanie.

We are moving - October 2, 2007!

We will be moving to a new clinic next to Langley Memorial Hospital. Our new clinic will offer better parking, more space and a quiet healing atmosphere. Opening day is on October 2, 2007 and our pre-launch party is Thursday evening October 11 at 6pm. Please come and join us for wine, cheese and a fun evening of celebration with staff and doctors. Thank you for your support!

Glutathione Deficiency: The Anti-Aging Nutrient At Meditrine

Antioxidant nutrients protect key organs like the brain, cardiovascular system and liver from the ravages of aging. The most important of all antioxidants as an anti-aging nutrient is glutathione. Glutathione deficiency from poor diet, free-radical stress, and toxic overload ages our body. Recently, a number of small clinical studies show that people who were diagnosed with heart disease, diabetes, high blood pressure had low levels of glutathione. Other studies have shown that correction of glutathione deficiency can enhance longevity by forty percent. Studies have demonstrated the effectiveness of oral glutathione supplementation but boosting glutathione levels is probably best done with key supplements and intravenous therapy. Ask Sheelagh for more information next time you are in.

Fire In Our Blood

Several years ago, a doctor at the University of British Columbia did a study where he discovered that patients who were taking anti-inflammatory medications for their arthritis had a lower incidence of Alzheimer's disease. Research has further shown that people who have chronic inflammation or chronic infections, anywhere in their body, will have more tendency to chronic disease, especially heart disease and damage to the brain. For example, the inflammation from a sore knee or hip, over a long period of time, damages vital organs like the brain and cardiovascular system. Using a comprehensive review and laboratory evaluation, Meditrine Clinic screens patients for chronic inflammation and provides a treatment program with an anti-inflammatory diet and special herbal medicines.

C is for Cancer

Dr. Fredrick Klenner pioneered the use of intravenous Vitamin C for cancer therapy in the 1950's. He showed that Vitamin C in regular weekly treatments could reverse the course of cancer. Since then medical literature has shown the following cancers cases have responded to this therapy: renal cell carcinoma, colorectal cancer, pancreatic cancer, non-Hodgkin's lymphoma and breast cancer. Toxic reactions were not observed at high doses of intravenous Vitamin C. At Meditrine Clinic, we use 25 to 50 grams of vitamin C per day for up one to two days per week.



Monthly Tip By Dr. Stephanie

Get Ready For Flu Season

The Fall is upon us and kids are back at school. Don't let the flu bug get you this season. At the clinic, we offer an immune boosting injection that helps to fight the flu and prevent it from getting you. There are no preservatives, mercury or toxic substances in it and it is injected just like the flu vaccine, but without any pain. Talk to any of us at the clinic if you want more information on this natural flu treatment.

Dr. Bennett's Monthly Health Tip



When the liver is "sluggish," the detoxification cycle may not be processing toxins at a normal and necessary speed. This causes toxins to accumulate in the bloodstream. Many factors can cause detoxification to become sluggish. For example, as we age, our detoxification processes slow.

KEY HEALTH BENEFITS OF DETOXIFICATION

- Feel young, look great
- Increased vitality, energy, and stamina
- Reduction of allergic symptoms
- Improvement of digestive functions
- Better concentration, clarity, mental focus
- A sense of calm and ease
- Increased resistance to illness
- Reduction in risk for many chronic diseases
- Weight loss